

# At A Distance Together

## CREATIVE TASK

For our latest task we have invited Associate Artist Lewis Hetherington, to offer us up some creative inspiration.

Hello! My name is Lewis. I am a Playwright, and I like to create stories for performance. Today we are going to do an exercise exploring our some of our stories, connected to places.

Follow these instructions, and feel free to find your own way to respond, there is no right or wrong. I invite you to do what feels good. Let your mind wander into places that feel interesting or appealing.

Let's begin.

### WHAT TO DO

#### STEP 1:

**First of all I'd ask to stand somewhere with a bit of floor space in front of you. Have a pen and paper, or something to make notes on nearby, or you can do an audio recording on your phone.**

Now imagine a map of the world on the floor in front of you. It can be as big or as small as the space you have.

Look down and work out where the North Pole would be, and the South Pole, and the Equator. Now look and see where all the different countries of the world would be. Look at where Glasgow would be. And now go and stand on that spot. **Stand in Glasgow.**

#### STEP 2:

Close your eyes if it helps, and then answer these questions about Glasgow, it doesn't need to be sentences. It can be just one word or a few words.

What does Glasgow sound like? It might be a particular sound, or type of music, or a list of things.

What does it smell like?

What does it look like?

What does it feel like?

Make sure you have made a note of your answers.

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#### STEP 3:

**Step out of Glasgow. Look at the world map again.**

You can now go anywhere you choose. It might be somewhere that is important to you, it might be somewhere you would like to go, it might be somewhere that interests or inspires you.

And answer the same questions again (even if you have not been to the place! Answer with the imagination of what that place is to you).

So take a moment, and when you have decided, go and step into that place. And answer:

**What does this place sound like?**

**What does it smell like?**

**What does it look like?**

**What does it feel like?**

Take down your answers.

#### STEP 4:

**I now invite you to turn your answers into a short piece of writing. You could start it with something like 'Glasgow is...' and then list your answers, or you can link your answers together however you want.**

**Thanks so much for taking this time and having a little travel together around the world with me.**

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## SHARING

We hope that you feel you want to share these responses with us, and in turn we'd be very keen to share these with a wider audience.

You can share your creative responses to [sara@amomentspeace.co.uk](mailto:sara@amomentspeace.co.uk) or on your own social media & tagging us on:

Instagram [@amomentspeacetheatre](https://www.instagram.com/amomentspeacetheatre)

Facebook [@AMPTheatreCompany](https://www.facebook.com/AMPTheatreCompany)

Twitter [@amptheatre](https://twitter.com/amptheatre)

Using hashtag [#AtADistanceTogether](https://twitter.com/hashtag/AtADistanceTogether)

We will keep you updated on forthcoming online sessions via zoom. We hope that you can join us!

## ABOUT THE PROJECT

With many people in our communities in isolation, A Moment's Peace Theatre wanted to offer our regular groups a chance to stay connected and continue to be supported creatively during these challenging times.

At A Distance Together will see us work with associate artists, creating & sharing fortnightly creative tasks, some respond directly to what is happening in our lives at the moment, some an exploration of imaginative spaces. They are entirely optional to undertake, and they can be shared with us or just kept as personal creative activities for the everyday.

We will also be hosting monthly live online creative workshops, offering our groups a chance to reconnect and continue to engage in live creative activities, whilst we are unable to meet in person.